

HARTLAND COMMUNITY SOCCER ASSOCIATION

SOCCER RULES AND INFORMATION FOR IN-HOUSE U-5, U-6, U-7, U-8, AND U-10 TEAMS

1. Uniform and Equipment
 - A. All players must wear proper shin guards, and the shin guards must be totally under sock.
 - B. Cleats are optional and must pass referee inspection prior to the start of the game.
 - C. No jewelry of any kind can be worn (except medic alert). Hairpieces must be of the soft variety with no hard plastic parts.
 - D. Appropriate attire for the weather is encouraged. The only requirement is the jersey must be worn on the outside of any additional clothing or coat.
2. Weather
 - A. All games will be played as scheduled. Only the referee or a league official can cancel a game.
 - B. The decision to cancel a game is usually made game by game and at the scheduled start of a game. (Sometimes the whole day is canceled.) If this occurs, the league officials will do their best to notify the coaches in a timely manner.
 - C. The coaches will not hold practice during dangerous weather. The rule is "LIGHTNING AND/OR THUNDER IN THE LOCAL AREA SHALL BE CAUSE FOR STOPPAGE OF THE PRACTICE AND OR GAME AS DETERMINED BY ANY OF THE ASSIGNED OFFICIALS OR ANY OF THE RESPECTIVE COACHES. IF AFTER A MAXIMUM WAITING PERIOD OF UP TO 30 MINUTES, THE WEATHER CONDITIONS PERSIST, THE GAME SHALL BE ABANDONED. THE SAFETY AND WELFARE OF THE PARTICIPANTS IS OF PRIME CONCERN."
3. Parents, Coaches and Players
 - A. Parents will sit on one side of the field and the players on the opposite side. No one will be allowed to stand or sit along the goal line area (from corner flag to corner flag).
 - B. Parents are reminded to follow the Code of Conduct they Signed. Referees will ask the coaches to handle any parent not behaving in a positive manner.
 - C. All players should play at least 50% of the game. If goalies are allowed for your age group, then they may not play goalie for more than 50% of the game.
 - D. The referee will keep track of the time and score (for tacking purposes only) and enforce the rules of the league and game. Please respect their judgment. Referees should be helpful and explain the foul calls, if necessary.
 - E. U-5 and U-6 coaches will be allowed on the playing field as long as they do not interfere in the play of the game. U-7, U-8, and U-10 coaches must stay between the 50 yard line (middle of the field) and the 18 yard line (outer most line of the playing area). COACHES AND PARENTS ARE NOT ALLOWED ON THE FIELD UNLESS MOTIONED BY THE REFEREE.
 - F. If a goalie is touching the ball with any part of his/her body, the ball is dead and the offensive player may not kick the ball.
 - G. Slide tackling is not allowed in any age group.

Rule U-5 and U-6

U-7 and U-8

U-10

Number of Players Allowed on Field 4 Players
NO Goalie

5 Players Plus
1 Goalie

5 Players Plus
1 Goalie

Length

4-8 Minute Quarters
2 Minutes Between Quarters
5 Minutes Between Halves

4-12 Minute Quarters
2 Minutes Between Quarters
5 Minutes Between Halves

2-25 Minute Halves
10 Minutes at Halftime
Halftime

Size of Ball (Supplied By Home Team)

#3

#4

#4

Substitutions

Any Throw - In
Any Goal Kick
Any Goal Scored
Any Injury

Any Throw - In
Any Goal Kick
Any Goal Scored
Any Injury

Own Throw - In
Any Goal Kick
Any Goal Scored
Own Injury Plus Matching

Off Side Calls

No

No, But No Cherry Picking

No, But No Cherry Picking

Kicks

Goal
Corner
Direct
Indirect
Penalty
Required Distance
by Opponent

Yes
Yes
No
Yes
No
3 Yards

Yes
Yes
No
Yes
No
6 Yards

Yes
Yes
Yes
Yes
Yes
10 Yards

Tries Per Throw - In

2

2

1

Add a Player After Goal Differential

3

3

3